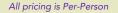


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CONTINENTAL
Assorted Muffins & Danishes
Fresh Sliced Fruit Bowl
Yogurt & Granola
Coffee, Tea, Juice & Water

## **BASIC BREAKFAST BUFFET**

\$19.95

\$12.95

Fresh Sliced Fruit Bowl Yogurt & Granola French Toast Sticks Scrambled Eggs Home-Fried Potatoes Bacon & Sausage Coffee, Tea, Juice & Water

# SPECIAL BREAKFAST BUFFET

\$19.95

Assorted Frittatas (Veggie, Bacon/Sausage & Cheese) Potato Casserole Yogurt & Granola Coffee, Tea, Juice & Water

#### THE HEARTY VIRDEN BREAKFAST

\$19.95

Fresh Sliced Fruit Bowl Cream Chipped Beef Your Choice - Fresh Biscuits OR Potatoes & Scrambled Eggs Coffee, Tea, Juice & Water

## THE GRAB & GO (HIT THE ROAD, NO DINING ROOM)

\$12.95

Fresh Fruit Cup

Assorted Breakfast Wraps (Veggie, Bacon/Sausage & Cheese) Coffee, Tea, Juice & Water

# BREAKFAST ADD-ONS/A-LA CART STYLE

\$4.95

Bagels & Cream Cheese

Fruit Skewers

Assorted Muffins

Whole Fruit (\$1.75 per piece)

2.5

LUNCH

All pricing is Per-Person

**GOTTA RUN BOXED LUNCH** (TAKE OUT ONLY, NO DINING ROOM)

Choice of Sandwiches OR Wraps

Chips

Cookie

**Bottled Water** 

Whole Fruit

Add Pasta Salad for an additional \$2

SOUP AND HOUSE SALAD

\$15.95

\$15.95

Homemade Soup:

Chesapeake Crab, Chicken Noodle, Chicken & Rice, Vegetable Beef, Ham & Bacon, Cream of Crab, Cream of Potato, Cream of Broccoli,

New England Clam Chowder, Manhattan Clam Chowder, Potato Cheddar,

Vegetable (vegan), Italian Wedding, Tomato

Tossed Salad with Homemade Dressings

Rolls & Butter

Add assorted sandwiches & wraps for an additional \$7

**VIRDEN CENTER'S PICK 3** 

\$19.95

Pick 3:

Chicken Salad

Chicken Caesar

Turkey & Cheese

Southwest Turkey

Ham & Cheese

\*Veggie Wraps Available\*

Pick 1:

Pasta Salad

Potato Salad

Coleslaw

Pick 1:

Chips

Cookies **Brownies** 

ADD SOUP TO ANY MENU FOR JUST \$3.95 PER PERSON

**PASTA TOSS** 

Tossed Salad with Homemade Italian Dressing

Small Italian Meatballs

Plain Pasta with Marinara Sauce

Tuscan Pasta with Olive Oil, Basil & Garlic, Nuts & Parmesan

\$19.95

\$19.95

\$19.95

Steamed Green Beans in Garlic Butter

Fresh Baked Italian Rolls

**BAJA TACO BAR** 

Hard & Soft Tacos

**Ground Beef** 

Diced Chicken

Sour Cream

Shredded Cheese

Lettuce

Pico de Gallo

Onions

Guacamole

**Jalapenos** 

Black Beans & Rice

**CAROLINA PRIDE BBQ** 

Pulled Carolina-style Pork BBQ (Vinegar & a little spicy)

Pulled Chicken BBQ w/Sweet Baby Ray's

Potato Rolls

Chips

Pick 3 Homemade Sides:

Potato Salad

Mac Daddy Salad

Coleslaw Cucumber Salad

**Baked Beans** 

Mac & Cheese



**DINNER** 

All meals are served with water/tea, house salad, and rolls with butter. \*\*Vegetarian Option. Special dietary meals available upon request.

#### **CAPTAIN'S PREMIUM BUFFET**

#### \$34.95 THE PILOT BUFFET

\$27.95

#### Select 2 Entrees:

Prime Rib w/Au Jus: Spice-rubbed & slow-cooked. It's juicy, moist & delicious Chicken & Shrimp in Basil Cream Sauce

Chicken Chesapeake: Grilled chicken breast topped w/crabmeat & Hollandaise sauce

Seafood Imperial: Full of shrimp, crab, scallops, and mild fish, in a rich cream sauce.

Always a crowd-pleaser!

\*\*Roasted Vegetarian Medley: The best of the season favorites, lightly oiled & grilled over couscous

#### Blackened Tuna with Citrus Salsa

Additional \$2 per person: Grilled Salmon w/Shrimp: Fresh salmon & shrimp, grilled then topped with Alfredo sauce.

Additional \$2 per person: Jumbo Stuffed Shrimp: Butterflied & stuffed with crab imperial.

#### Select 1 Starch:

Rice, Baked Potato, Mashed Potatoes, Mac & Cheese, Pasta Salad, Potato Salad, Roasted Red Potato Chunks w/Olive Oil & Garlic Herbs. Sweet Potatoes

#### Select 1 Vegetable:

Broccoli, Succotash, Green Beans, Vegetable Medley, Collard Greens, Peas, Corn, Brussels Sprouts, Zucchini & Squash (seasonal)

#### Select 1 Dessert:

Apple Crisp

Chocolate Mousse

Cookies & Assorted Sweets

Tres Leches (Milk Cake)

Peach Cobbler

Pretzel Salad

Chocolate, Vanilla OR Banana Fluff w/Graham Cracker Crust & Whipped Cream

# ADD HOT COFFEE FOR \$3.95 PER PERSON

#### Select 2 Entrees:

Parmesan Crusted Tilapia OR Chicken: Delicious & topped with a creamy parmesan sauce & baked golden

Sliced Roast Beef w/Mushroom Gravy: Tender beef with thick gravy

Stuffed Shells with Marinara Sauce: Homemade & Yummy! Baked Ziti: made with our meat sauce & topped with cheese

Machiner In age with our meat sauce & topped with chee

Meatloaf: homemade with ground turkey & seasonings

**Baked Chicken Quarters**: well-seasoned with fresh herbs & olive oil, or get it BBQ style

Stuffed Chicken: Choice of cheddar cheese & broccoli OR chicken cordon bleu OR traditional stuffing w/gravy

Pork Loin: Applewood rubbed, slow-roasted, served with gravy

\*\*Roasted Vegetable Medley: vegetables tossed in Asian seasoning & lightly roasted, topped on Quinoa

Additional \$1 per person: Fried Chicken: our own recipe of crispy fried chicken Additional \$2 per person: Salmon: Skinless & baked with seasoning white wine & butter

#### Select 1 Starch:

Rice, Baked Potato, Mashed Potatoes, Mac & Cheese, Pasta Salad, Potato Salad, Roasted Red Potato Chunks w/Olive Oil & Garlic Herbs, Sweet Potatoes

#### Select 1 Vegetable:

Broccoli, Succotash, Green Beans, Vegetable Medley, Collard Greens, Peas, Corn, Brussels Sprouts, Zucchini & Squash (seasonal)

#### Select 1 Dessert:

Apple Crisp

Chocolate Mousse

Cookies & Assorted Sweets

Tres Leches (Milk Cake)

Peach Cobbler

Pretzel Salad

Chocolate, Vanilla OR Banana Fluff w/Graham Cracker Crust & Whipped Cream

#### ADD HOT COFFEE FOR \$3.95 PER PERSON

# **APPETIZERS**

\*Vegetarian \*\*Vegan

Choose 3 Items: \$12.95 per Person Choose 5 Items: \$16.95 per Person Choose 7 Items: \$20.95 per Person

#### **COLD OPTIONS**

Cancun Shrimp: Medium Shrimp in a Fresh Cilantro Sauce

\*\*Homemade Tortilla Chips w/Homemade Guacamole & Pico de Gallo

\*Traditional Tomato Fresh Basil Bruschetta w/Baguette Slices

Assorted Bruschetta: Choose or mix, served on Baguette Slices

Beef Tenderloin & Horseradish Sauce, Artichoke & Crab Meat

Chicken & Hollandaise Sauce, Garden Cream Sauce

Mediterranean Homemade Hummus w/Pita Bread

Meatballs with choice of Sweet & Sour Sauce or Italian

\*\*Fresh Fruit Tray with a Seasonal Selection of Fresh Fruit Chunks & Slices

\*Fresh Vegetable Tray with Fresh Veggies, served with Southwest Ranch

\*Cheese & Cracker Tray - Mixture of Cubed Cheeses: Swiss, Pepper Jack, American & Cheddar

House Salad Cups of Freshly Made Tossed Salad w/Veggies & Topped with House Dressing

#### **HOT OPTIONS**

Crab Dip with our Tortilla Chips served in our Homemade Bread Bowl
Spicy Boneless Chicken Bites w/Spiced Flour with a Crispy Finish

\*\*Stuffed Mini Sweet Peppers with Vegetables
Petite Crab Cakes - our Eastern Shore recipe that features the Crab

Scallops wrapped in Bacon, brushed with Southwest BBQ sauce (counts as 2 choices)  $\,$ 





#### AM BREAK

Fresh Sliced Fruit Bowl Granola Bars Yogurt Coffee & Water

# PM BREAK

\$12.50/person

\$9/person

Fruit & Cheese with Crackers Veggies & Southwest Ranch Dip Cookies & Brownies Iced Tea & Water

## **SUBSTITUTIONS** (Additional Costs May Apply)

Cubed Cheese w/Crackers & Spicy Mustard Fresh Sliced Fruit, Imported & Domestic Cheese w/Crackers Fresh Sliced Fruit Bowl Veggies & Dip House-made Tortilla Chips w/Homemade Pico de Gallo & Guacamole Yogurt Cups House-made Hummus, Veggies & Sesame Crackers Southwest Ranch Dip & Onion Dip w/Chips & Pretzels

Cookies & Brownies Potato Chips/Assorted

Whole Fruit

### ALL DAY BEVERAGE SERVICE

Iced Water, Iced Tea, and Lemonade \$5.95/person Includes above +Hot Coffee & Hot Tea \$8.95/person Bottled Water \$1.95/bottle Pepsi Products \$2.00/can