



BREAKFAST

1

CONTINENTAL

\$12.95/person

Assorted Muffins & Danishes
Fresh Sliced Fruit Bowl
Yogurt w/Side of Granola
Coffee, Tea, Juice & Water

FULL BREAKFAST BUFFET

\$19.95/person

Fresh Sliced Fruit Bowl
Yogurt w/Side of Granola
French Toast Sticks, Waffles or Pancakes
Scrambled Eggs
Homefries
Bacon & Sausage
Coffee, Tea, Juice & Water

FRESH BREAKFAST BUFFET

\$18.95/person

Assorted Frittatas (Local Seasonal Veggie, Bacon & Cheese, Sausage & Cheese)
Homefries
Bacon & Sausage
Yogurt w/Side of Granola
Fruit Salad
Coffee, Tea, Juice & Water

THE GOURMET

\$20.95/person

Fresh Fruit Skewers (In a watermelon basket)
Eggs Benedict (Poached Egg on a sliced ham & English muffin topped w/hollandaise sauce)
Potato Casserole
Bacon & Sausage
Cream Chipped Beef over Toast
Yogurt w/Side of Granola
Coffee, Tea, Juice & Water

THE GRAB & GO

\$10.95/person

Fresh Fruit Cup
Assorted Breakfast Wraps (Bacon & Cheese, Sausage & Cheese, Ham & Cheese, Veggie)
Coffee, Tea, Juice & Water

CHEF'S CHOICE SOUP & SANDWICH \$18.95/person

Homemade Soup & Sandwiches on our Homemade Rolls
Garden Salad - (Fresh & local produce w/proteins on side & assorted dressings)
Add Dessert Cookies & Brownies for extra \$2/person

DELI SANDWICH SELECTION \$18.95/person

Sandwich Choices (pick 3):
Grilled Chicken, Turkey & Cheese, Ham & Cheese, Chicken Salad, Tuna Salad, Roasted Veggies
Potato Salad or Pasta Salad
Garden Salad w/proteins on side & assorted dressings
Iced Tea & Water
Add Dessert Cookies & Brownies for extra \$2/person

HOAGIE CELEBRATION \$19.95/person

Assorted Hoagies: Italian, Turkey & Cheese, Chicken Caesar, Roasted Veggie
Toppings include: Lettuce, Tomato & Onion, Pickles, Hot & Sweet Peppers on the side
Tater Tots
Garden Salad - w/proteins on side & assorted dressings
Iced Tea & Water
Add Dessert Cookies & Brownies for extra \$2/person

BOXED LUNCH (Grab & Go Only) \$15.95/person

Chef's Choice of Sandwiches & Wraps
Pasta Salad
Potato Chips
Bottled Water
Add Dessert Cookies & Brownies for extra \$2/person

BURGER BASH \$16.95/person

5 oz. Burger w/cheese on a bun
Condiments: Tomato, Onions & Pickles
French Fries
Garden Salad w/proteins on side & assorted dressings
Iced Tea & Water
Add Dessert Cookies & Brownies for extra \$2/person

All Lunches (except Boxed Lunch) come w/a Garden Salad w/2-3 chef's choice proteins on the side: chickpeas, shredded cheese, black beans, hemp seeds, sunflower seeds, pepitas & more

Or Upgrade Salad Proteins for \$4.95/person, choose 2: sliced chicken, turkey, avocado, quinoa, tofu, hard boiled eggs
Or for \$5.95/person: tuna, salmon, steak, crab meat, shrimp

Soups: Add any soup to your menu for \$3.95/person. All our soups are homemade with the freshest ingredients.

PASTA TOSS \$19.95/person

Petite Italian Meatballs in Marinara Sauce
Pasta w/Marinara Sauce or Alfredo Sauce
Steamed Green Beans tossed in butter, garlic, s&p
Garden Salad w/proteins on side & assorted dressings
Fresh Baked Italian Rolls
Iced Tea & Water
Add Dessert Cookies & Brownies for extra \$2/person

BAJA TACO BAR \$20.95/person

Hard & Soft Taco Shells
Seasoned Ground Beef & Diced Chicken
Toppings Include: sour cream, shredded cheese, lettuce, homemade pico de gallo & guacamole, jalapenos
Rice
Black Beans
Chips & Salsa
Garden Salad w/proteins on side & assorted dressings
Iced Tea & Water
Add Dessert Cookies & Brownies for extra \$2/person

CAROLINA PRIDE BBQ \$21.95/person

Pulled Carolina Pork BBQ vinegar-based & little spicy
Pulled Chicken BBQ w/Sweet Baby Ray's
Potato Rolls & Corn Bread
Chips
Garden Salad w/proteins on side & assorted dressings
Pick 3 Homemade Sides: Potato Salad, Macaroni Salad, Coleslaw, Cucumber Salad, Baked Beans, Potato Salad, Quinoa Salad, Macaroni & Cheese, Cornbread
Iced Tea & Water
Add Dessert Cookies & Brownies for extra \$2/person



THE PILOT BUFFET

\$27.95/person

Dinner Rolls *made from scratch*

Garden Salad *fresh local produce w/proteins on side & assorted dressings*

Baked or Fried Chicken *seasoned overnight & cooked golden*

Baked Ziti *with our Marinara sauce & 3 cheeses*

Roasted Potatoes

Green Beans *lightly seasoned*

Chefs Choice Dessert

Iced Tea & Water

Add coffee & tea for \$4.95/person

CAPTAIN'S DINNER TABLE

\$39.95/person

Dinner Rolls *made from scratch*

Garden Salad *fresh local produce w/proteins on side & assorted dressings*

Seafood Imperial *shrimp, scallops, crab & fish in our Imperial sauce baked golden*

Beef Bourguignon *tender beef in a rich wine gravy w/petite potatoes & carrots*

Mashed Potatoes

Seasonal Vegetable Medley

Chefs Choice Dessert

Iced Tea & Water

Add coffee & tea for \$4.95/person



FRESH FRUIT DISPLAY

seasonal selection of fresh fruit chunks & slices beautifully arranged

\$135 for up to 25 guests, \$250 up to 50 guests, \$325 up to 75 guests

FRESH VEGETABLE DISPLAY

fresh veggies served w/Southwest Ranch

\$135 for up to 25 guests, \$200 up to 50 guests, \$295 up to 75 guests

CASUAL COMFORTS

\$9.95/person

Hawaiian Meatballs *in our pineapple sweet & sour sauce*

Crab Dip *in our huge homemade bread bowl*

Avocado Crostini *fresh made guacamole on crisp crostini*

CULINARY CUISINE

\$12.95/person

Cancun Shrimp *medium shrimp in a fresh cilantro salsa*

Mini Crab Cakes *featuring the crab meat*

Chicken Cordon Bleu Bites *served w/ranch dip*

The above are with a 2-3 hour replenishment.

For 3-5 hour, add \$2/per person per hour.



HIGH TIDE REFRESH

5

AM BREAK

\$11.95/person

Fresh Sliced Fruit Bowl
Granola Bars
Yogurt
Coffee & Water

PM BREAK

\$12.95/person

Fruit & Cheese w/Crackers
Veggies & Southwest Ranch Dip
Cookies & Brownies
Iced Tea & Water

ADDITIONAL SNACK OFFERINGS

Cubed Cheese w/Crackers & Spicy Mustard \$5.95/person
Fresh Sliced Fruit, Imported Domestic Cheeses w/Crackers \$6.95/person
Fresh Sliced Fruit Bowl \$5.95/person
Veggies & Dip \$4.95/person
House-Made Tortilla Chips w/Homemade Pico de Gallo & Guacamole \$4.95/person
Yogurt Cups \$2.95/person
House-Made Hummus, Veggies & Sesame Crackers \$4.95/person
Southwest Ranch Dip & Onion Dip w/Chips & Pretzels \$4.95/person
Cookies & Brownies \$4.95/person
Potato Chips/Assorted \$2.95/person
Whole Fruit \$1.95/person
Coffee & Water \$4.95/person
Water & Iced Tea \$4.95/person



Menus can be customized!
Email Chef Heather at heatherbaray@gmail.com.
BE sure to state your event, date and number of expected guests.

Virden Retreat Center
1155 College Drive
Lewes, DE 19958
302-645-4100

